COLLECTIVELY INVESTING IN 3-5-YEAR-OLDS

to foster educational success



KEY MOMENT

INSTILLING AN ENTHUSIASM FOR SCHOOL A smooth first transition from early childhood to kindergarten relies both on partnerships among the various sectors involved with children and their families and on addressing the needs of all. By investing in this issue collectively, we help make going to school fun and increase parental engagement—strong foundations for educational success! Five key moments over a 16-month period offer numerous opportunities to work together.

CHILDREN

PARENTS FAMILIES CHILDCARE CENTRES

SCHOOLS

COMMUNITY, SCHOOL, HEALTH, AND MUNICIPAL NETWORKS

March to June... It's done. The child is enrolled in kindergarten, and the school is expecting them. Now it's time for everyone to work toward instilling an eagerness to attend school. Gone is the notion of preparing children to check off a list of skills. Instead, it's all about supporting the transition from the daycare or the home to the school environment by seizing every opportunity to nurture the pleasure of learning.



Instilling an enthusiasm for school is...

CREATING, DEVELOPING, AND TAKING PART IN ACTIVITIES

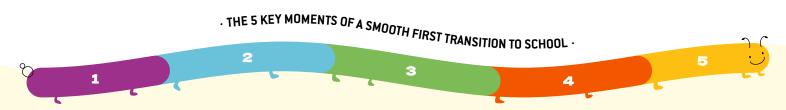
- → Activities can be numerous, large and small, diverse, formal, or spontaneous, but most importantly, they should be fun, give children confidence, teach them to persevere, and equip them to interact with others.
- → Activities should focus on harmonious overall development rather than on acquiring specific competencies. This approach avoids labelling children as "ready" or "not ready" and is instead a flexible process that unfolds day-by-day to help children make a smooth transition to the school environment.

PLAYING!

- Any everyday situation can be an opportunity to introduce children to the arts, sciences, literacy, mathematics, and so on.
- → No pressure. There's no need to recite the alphabet or count to 100. All forms of exploration - sitting down, standing up, outdoors, indoors - will nourish a child's curiosity and help them gain confidence in their abilities.
- An old Chinese proverb goes, "don't pull up the shoots to make them grow." It's the same with children. Instead, we must respect different children's needs, characteristics, and paces to cultivate the joy of learning through play. And try to stay out of the way.

GUIDING THEM TOWARD AUTONOMY...

- → Starting kindergarten presents children with challenges: an unfamiliar environment, new relationships, a different routine, etc. It is important to tackle these stimulating challenges gradually and on a daily basis.
- Try to see things from a child's eyes, in the present moment. For children, the transition to school is all about impressions and sensations: the school is beautiful, there are play structures, Sofiane is going to "my school"!
- It's an adjustment for parents too. Their landmarks are changing, they will have different responsibilities and interact with new service workers. As with children, a gradual, compassionate, integration will help transform these new realities into a stimulating adventure.



Creating a positive first contact

JANUARY AND FEBRUARY DURING ENROLLMENT IN KINDERGARTEN

Valuing skillsets **JULY TO SEPTEMBER** AROUND THE START OF KINDERGARTEN

Working together AUGUST TO DECEMBER PRIOR TO ENROLLING IN KINDERGARTEN Instilling an enthusiasm for school MARCH TO JUNE

AFTER ENROLLMENT IN KINDERGARTEN

Settling in OCTOBER AND NOVEMBER AFTER THE START OF KINDERGARTEN



- Instilling a spirit of discovery and a gradual sense of belonging to the new school will help create lasting educational motivation.
- Taking care to limit a certain "performance culture" (e.g., an expected "level" of development) will protect children and parents alike from unnecessary stressors.
- Providing a welcome that is open to difference will nurture everyone's ability to adapt.

Interactions between schools, parents, early childhood stakeholders, and service workers create a reassuring connection between past and new environments.



Suggestion box



Establish and maintain lines of communication and community. The key is to keep things brief and regular!

This is the time for educational and community networks

to up their activity game: storytelling, neighbourhood parties, parent-child games,



Broaden the transition and welcome framework.

Invite children and parents to discover and explore their new environment (classrooms, gym, library, schoolyard) in informal and even fun contexts. who already attend the school.

In diverse communities,

use children's cultural references as anchor points. E.g., the importance of extended family, language of origin, etc.

who stay at home

– even though a large proportion attend childcare environments. The same goes for isolated families.

Hint:

Gradual adjustments are best made between child, parents, and the school about to welcome them.







reseaureussitemontreal.ca | La première transition scolaire: research, data sheets, resources, and videos.

https://www.reseaureussitemontreal.ca/dossiers-thematiques/transitions-scolaires/la-premiere-transition-scolaire/

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